

Curriculum Vitae

Personal Details

Name: Mona "Mohamed Amin" Almalik
Date of Birth: 12th February 1980
Nationality: Jordanian
Profession: Associate Professor
Address: UAE, Sharjah, Alzahia Complex
Jouri 2, Villa 24
Telephone: 00971-(06) 5332536
Mobile: 00971-563566677
E-mails: malmalik@hct.ac.ae
m_almalik@mutah.edu.jo
muna_almalik@yahoo.com

Educational Background

1. Doctor of Philosophy in Midwifery, University of Aberdeen, Centre of Academic Primary Care, Aberdeen-UK, 2011.
Thesis title: "A comparative evaluation of postnatal care for migrant and UK-born women".
2. Master of Science in Midwifery, University of Aberdeen, Centre of Academic Primary Care, Aberdeen-UK, 2005.
Dissertation title: "Factors that affect women's timing of postnatal discharge from Aberdeen maternity hospital".
3. BSc in Nursing, University of Jordan, Nursing Faculty, Amman-Jordan, (1998-2002).

Professional Memberships

1. Member at Sigma Theta Tau International, Honor Society of Nursing, 2016-2018.
2. Member at Board of Directors of Psi Kappa Chapter, Sigma Theta Tau International, University of Jordan, Amman, Jordan. 2016-2018.
3. A registered nurse in Nursing and Midwifery Council/Jordan, 2002.

4. A registered nurse in the Ministry of health in the Hashemite Kingdom of Jordan, to practice the profession of nursing, 2002.

Professional and Work Experience

1. Assistant Professor, Health Sciences Division/Nursing Program, Higher Colleges of Technology, UAE. September 2018-until now.
2. Associate Professor, Maternal and Child Health Nursing Department, Faculty of Nursing, Mutah University, Jordan. January 2018-until now (Sabbatical Leave)
3. Clinical Nurse Specialist/Midwifery. Jordanian Nursing Council, Amman, Jordan. 2016.
4. Vice Dean at Faculty of Nursing, Mutah University, Jordan. September 2016-2017.
5. Head of Maternal and Child Health Nursing Department, Faculty of Nursing, Mutah University, Jordan. September 2013-2014.
6. Assistant Professor, Maternal and Child Health Nursing Department, Faculty of Nursing, Mutah University, Jordan. March 2011-January, 2018.
7. Tutorial Assistant (Applied health statistics module)-Department of Public Health, University of Aberdeen. 2008.
8. Agency care assistant, Aberdeen Nursing Agency, UK. 2005-2010.
9. Staff nurse in medical and surgical critical care units (ICU/CCU), Specialty Hospital, Jordan. July 2002-October 2002, and September 2003-July 2004.

Academic Experience

Teaching Experience:

Undergraduate Courses:

1. Maternal and newborn health nursing/Theory.
2. Maternal and newborn health nursing/Clinical.
3. Health education and communication skills.
4. Growth and development for child.
5. Fundamentals of nursing/Theory.
6. Fundamentals of nursing/Lab.

7. Fundamentals of nursing/Clinical.
8. Health education (university elective course).
9. Nursing research methods.
10. History taking and physical assessment.
11. Work health and safety.
12. Child and Adolescent Health Nursing/Theory.
13. Child and Adolescent Health Nursing/Clinical.
14. Ethical and Legal Issues in Nursing.
15. Microbiology
16. Nursing Research and Evidence Based Practice.
17. Capstone Project for Health Sciences

Graduate Courses:

1. Research methodology.
2. Maternal and newborn health nursing/ Theory.
3. Maternal and newborn health nursing/ Clinical.
4. Maternal and newborn health nursing-Advanced/Theory.
5. Maternal and newborn health nursing-Advanced/ Clinical.

Supervising/Advising Graduate Students:

Primary Supervisor

2016-2017 “Postpartum experience of Jordanian first time fathers: An exploratory qualitative study”. Master’s thesis, Faculty of nursing, Mutah University.

Co-Supervisor

2016-2017 “Dysmenorrheal awareness among female adolescent students in South of Jordan: A cross sectional study”. Master’s thesis, Faculty of nursing, Mutah University.

Internal Examiner

2017 “From a family home to a wrestling ring: Experience of intimate partner violence among married Jordanian women”. Master’s thesis, Faculty of nursing, Mutah University.

External Examiner

2014 "The impact of a guided imaginary audio recording on women's comfort level during labor". Master's thesis, Faculty of nursing, Jordan University of Science and Technology.

External Reviewer

2013 "Perception of health status, body weight, body image, and intention to lose weight among Jordanian undergraduate university female students". Master's thesis, Faculty of nursing, Jordan University of Science and Technology.

Committees at Health Sciences Division/ Higher Colleges of Technology

- Committee Chair for developing Bachelor degree of Midwifery program.
- Member in the Academic Program Chair (PAC).

Local Committees at Nursing Faculty/ Mutah University

- A representative of the Maternal and Child Health Department at Faculty Council, 2011-2013, and 2017-2018.
- Chair of preparing self-evaluation report Committee, 2016-2017.
- Chair of the Graduate Studies Committee, 2016-2017.
- Member in Quality Assurance Committee, 2016-2017.
- Member in the comprehensive exam for Master degree Committee, 2016-2017.
- Member in Committee for developing a syllabus for "modern issues in nursing and health" course, 2015-2016.
- Member in bridging Committee, 2014-2016.
- Member in Graduate Studies Committee, 2014-2016.
- Member in Committees for developing syllabuses for various courses in the master program, 2014-2016.
- Member in Ethical Research Committee, 2014-2015.

- Member in the Committee for revising study plan for Bachelor degree, 2014-2015.
- Committee Chair for developing master program “maternal and newborn health nursing” Committee, 2014.
- A representative of the Nursing Faculty at University Council, 2013-2014.
- Committee Chair for developing a syllabus for “medical terminology and professional writing” course, 2013.
- Member in students Disciplinary Committee, 2012-2013.

Research Skills

Research experience:

I have completed 4-years-project for the degree of Doctor of Philosophy in midwifery at the University of Aberdeen. The research is a health services research project that was designed to evaluate the quality of care, in National Health Service maternity services, for services users with diverse cultural backgrounds. The research is a mixed-methods study that had two concurrent phases; quantitative and qualitative. The research has been completed and presented as a thesis for a PhD degree.

In addition, another quantitative research project was carried out to fulfil the requirements for a master’s degree in Midwifery at the University of Aberdeen. The study explored the factors that are associated with women’s timing of postnatal discharge from Aberdeen Maternity Hospital in Scotland.

Research Training:

1. Systematic reviews course, Institute of Applied Health Sciences, University of Aberdeen, 2010.
2. NVivo (version 8), Department of Public Health, University of Aberdeen, 2009.
3. Epidemiology and demography course. Department of Public Health, University of Aberdeen (2007/2008).
4. Applied statistics course. Department of Public Health, University of Aberdeen (2007/2008).

5. Introduction to qualitative interviewing course, Department of Primary Health Care, University of Oxford, 2007.
6. Analyzing qualitative interviews course, Department of Primary Health Care, University of Oxford, 2007.
7. Relevant MSc courses: Research Methods for Health Professionals, Using Evidence in Practice, and Ethics in Practice, Centre for Advanced Studies in Nursing, University of Aberdeen, (2004-2005).

Funded Research Projects:

1. **Principal investigator** for two years of a national research project entitled "Implementation of a Childbirth Preparation Program in the Maternal and Child Health Centers in Jordan". Funded by Scientific Research Support Fund (24000 JDs), 2013.
2. **Principal investigator** for a local research project entitled "Maternal learning needs during childbirth experience". Funded by Mutah University (4000 JDs), 2014.
3. **Co-investigator** for a national research project entitled "Sexuality experience after giving birth: Jordanian women's and midwives' perspectives". Funded by Jordan University of Science and Technology (1900 JDs), 2015.

Publications:

- Dalky, H., Ghader, N., Al Kuwari, M., Alnajar, M., Ismaile, S. **Almalik, M.** et al. (2021) Assessment of the Awareness, Perception, Attitudes, and Preparedness of Health-care Professionals Potentially Exposed to COVID-19 in the United Arab Emirates. *Journal of Multidisciplinary Healthcare*,14, 91–102
- Mosleh, S., Alnajar, M., & **Almalik M.** (2021) Nurses' perceived knowledge and benefits of artificial nutrition and hydration for patients nearing death: A survey among Jordanian nurses. *European Journal of Cancer Care*, 00:e13394.
- Alnuaimi, K, & **Almalik M.** (2020) Sexual educational needs of Jordanian women after giving birth. *Birth*, 00, 1-9.

- Alnuaimi, K, Obeisat, S. **Almalik M.**, Ali, R. & Alshraifeen, A. (2020) A Phenomenological Study of Jordanian Women's Experience of Sexual Intercourse after Giving Birth. *Midwifery*, 88.
- Alnuaimi, K, **Almalik M.**, Mrayan, L. Mohammed, K. Ali, R. & Alshraifeen, A. (2020) (2020) Resumption of Sexuality and Health Education in Postpartum Period: From Jordanian Health Care Professionals' Perspectives. *Journal of Sex & Marital Therapy*, *Journal of Sex & Marital Therapy*, DOI: 10.1080/0092623X.2020.1769242.
- Al Tarawneh, T., Shoqirat, N. & **Almalik, M.** (2020) "Being relieved and puzzled": A qualitative study of first-time fathers' experiences postpartum in Jordan. *Women and Birth*, 33, e320-e325.
- Khresheh, R., **Almalik, M.**, Owies, A. & Barclay, L. (2018) Implementation of a childbirth preparation program in the Maternal and Child Health centres in Jordan. *Midwifery*, 61, 1-7.
- Almalik, M. M.A.**, Mosleh, S.M., & Almasarweh, I.S. (2018) Users of Modern and Traditional Contraceptive Methods in Jordan: Are They Different?. *Eastern Mediterranean Health Journal*, 24 (4).
- Almalik, M. M.A.** (2017). Understanding Maternal Postpartum Needs: A Descriptive Survey of Current Maternal Health Services. *Journal of Clinical Nursing*, 1-10.
- Almalik, M. M.A.**, & Mosleh, S. M. (2017). Pregnant Women: What Do They Need To Know During Pregnancy? A Descriptive Study. *Women and Birth*. 30, 100-106.
- Mosleh, S. M., Eshah N.F., & **Almalik, M. M.A.** (2016). Perceived Learning Needs According to Patients Who Have Undergone Major Coronary Interventions and Their Nurses. *Journal of Clinical Nursing*. [Published online].
- Mosleh, S. M., & **Almalik, M. M.A.** (2014). Illness Perception and Adherence to Healthy Behaviour in Jordanian Coronary Heart Disease Patients. *European Journal of Cardiovascular Nursing*, 15(4), 223-230.
- Almalik, M.**, Kiger, A. and Tucker, J. (2010) "What Did She Say? What Did She Say?" The Impact of Interpretation on Recruiting and Interviewing European Migrant Women in The United Kingdom. *International Journal of Qualitative Methods*, 9 (3), 252-269.

Conferences and Training courses

1. Third International Multi-Conference on Advances in Science and Engineering Technology/ASET'2020. Dubai, UAE. February 2020. **(Poster competition Judge)**
2. Second Emirati Nursing Conference, Dubai, UAE. May 2019. **(Participant)**
3. The 4th RAKCON Scientific Nursing Conference, "Global Advancement and Innovations in Nursing". UAE. February 2019.
4. The 10th scientific day, "Clinical Nursing: Rhetoric, Reality and future opportunities". Mutah University, Al-Karak, Jordan. April 2018.
5. International nursing conference, "Improving Clients Outcomes Through Implications of Scientific Evidence". Zarqa University, Zarqa, Jordan. April 2016. **(Participant)**
6. The 5th international nursing conference, "Transforming quality nursing care: Promise and potential". Jordanian nursing council, Amman, Jordan, April 2015. **(Participant)**
7. The 8th scientific day, "Women and Child Health: Safe Life Journey". Mutah University, Al-Karak, Jordan. April 2014. **(Coordinator)**
8. The first scientific day. Al-karak government hospital. Al-Karak, Jordan. January 2014. **(Participant)**
9. The 4th international nursing conference, "The tipping point: creative solutions to health and nursing challenges". Jordanian nursing council, Amman, Jordan. April 2013. **(Participant)**
10. Scientific day, "Enhancing the quality of nursing care", University of Jordan, Amman, Jordan. June 2012. **(Participant)**
11. The 7th Scientific day, "Nursing participation in education, research and health services", Mutah University, Al-Karak, Jordan. April 2012. **(Participant)**
12. Training course "Advanced wound management". Mutah University, Al-Karak, Jordan. April 2012. **(Participant)**
13. Training course "Using Moodle as a learning Management System". Mutah University, Al-Karak, Jordan. April 2011. **(Participant)**
14. The 10th European Doctoral Conference in Nursing Science, Graz, Austria. September 2009. **(Presenter)**

15. Almalik, M., Kiger, A. and Tucker, J. "A comparative evaluation of postnatal care for migrant and UK-born women". North of Scotland Maternity Services Group's Birth Choices Conference, Aberdeen, UK, May 2009. **(Poster presentation)**